



ANIMA MUNDI ACADEMIA

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A forum for mastery, partnership and excellence for innovative business creators

“Clean mind, better life”

For those who want to cultivate abundance

“Pioneer of brain compatibility education in Latin America” – neuroeducation trainer, emotional education and business consulting speaker MIRTA POLA ROSSI (Argentina)

IN THE PROGRAM:

9:30–10:00 Registration

10:00–12:00 Presentation by M. Pola Rossi

12:00–12:30 Coffee break and preparation for the discussion, questions and answers

12:30–14:00 Discussion, questions and answers

14:00–15:00 Lunch

15:00–16:00 Networking

16:00–17:00 ANIMA MUNDI ACADEMIA Honorary Doctorate Inauguration Ceremony at SUNCITY Gallery

17:00–18:00 Opening of the ANIMA MUNDI ACADEMIA International Creative Group Exhibition “Clear Brain” at SUNCITY Gallery and time for participants to interact

The forum will be held in English with simultaneous translation.

Registration is already underway here: <https://forms.gle/hhchYHG375dJo16b8>

Event price – 99 Eur

For the first participants until July 5. price – 89 Eur

Payment details:

VŠĮ ANIMA MUNDI ACADEMIA

Account in Swedbank: LT73 7300 0101 6704 2830

Amount until July 5. with discount – 89 Eur

Amount from July 6. – 99 Eur

Purpose of payment: Registration FORUM-MPE

Date: 2026, November 11. Starts at 10:00 am

Event time: 10 am to 6 pm

Location: Hotel “SUNCITY” conference hall, Tilžės g. 57A, Šiauliai, Lithuania

Event information: tel. +37061698307

Mirta Pola Rossi (Argentina)

My goal is to convey over 40 years of teaching experience in a friendly and brain-compatible way, linking it to neuroscience and education knowledge.

“You only learn what you experience”

Introduction

Mirta Pola Rossi is a pioneer of brain-compatible education in Latin America.

She has over 40 years of experience as an educator, neuroeducation specialist, leadership coach and emotional development speaker.

She combines teaching practice, leadership and cutting-edge neuroscience to transform teaching and learning.

She is the founder and director of Practical English Teaching (PET) based in Buenos Aires.

Her work connects neural network plasticity, memory, and social and emotional learning, applying research to practice.

Mirta Pola Rossi has coordinated neuroscience workshops at universities and national projects, is a member of the SEA board, and lectures in Argentina, Mexico, Colombia, Brazil, Uruguay, Chile, and the United States.

She is a published author and software developer, and is currently finishing a book on artificial intelligence and the evolution of human social and emotional intelligence.

Mirta Pola Rossi: “Clean Mind, Better Life”

What a Rich Person Does to Cultivate Abundance

You live in a rapidly changing world.

You make decisions, care for others, solve problems, and earn a living... every day. But no one has ever taught you something essential:

How your brain really works.

And yet...

your brain shapes how you feel, how you think, how you live, and how you get what you want.

In this post, I would like to share something simple, practical, and powerful:

How small changes in your daily life can improve your mind, emotions, and well-being, and even help you achieve your goals.

Here's a brief synopsis of the post:

1. Your brain is always trying to protect you

Sometimes it causes you stress, fear, or overthinking...

not because there's anything wrong, but because it's trying to protect you.

Understanding this changes your perspective on yourself and makes you more productive.

2. Emotions are not the problem—they're signals

Your brain speaks through emotions.

When you feel depressed, tired, or anxious,

your brain is asking for something:

- rest
- clarity
- connection

Learning to “listen” reduces stress and allows you to make wiser decisions in life and business!

3. Your brain can change at any age

You are not “fixed.” Your brain can learn, adapt, and grow at any age, so you can be an entrepreneur at 50 if you want to.

Small habits can make real changes in:

- how you think
- how you react
- how you feel

This gives you real control over your life and economic opportunities.

4. Your brain needs balance, not perfection

In modern life, many brains are overloaded with:

- too much information
- too little rest
- constant pressure

A healthy brain needs:

- breaks
- meaningful connections
- simple moments of peace

So, see you at the forum on November 11th, 2026!

